

VISION IAS[™]

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Under the Guidance of Ajay Kumar Singh (B. Tech. IIT Roorkee, Director & Founder : Vision IAS)

<u>ALL INDIA</u> INTERACTIVE <u>PSYCHOLOGY MAINS</u> TEST SERIES 2013: MODULE 9JUNE (12 MOCK TESTS) ONLINE CLASSROOM DISTANCE LEARNING **ANSWER WRITING EVALUATION PROGRAMME** (Experts Support: Telephonic Discussion / Email Interaction) + Value Addition material & Case Studies - Amit Shekhar (www.numerons.wordpress.com) **Program Objective** : This is a comprehensive and intensive 'interactive' distance learning program / online program / class room program focusing on sincere IAS Aspirants who will appear in Civil Service Exam 2013. Our experts provide step by step guidance to aspirants for understanding the concepts of the subject and preparing them for effective answer writing. **Approach & Strategy** : Our simple, practical and focused approach will help aspirants understand the demand of UPSC exam effectively. Our strategy is to constantly innovate to keep the preparation process dynamic and give personalized attention to individual aspirants based on factors like core competence, availability of time and resource and the requirement of Civil Service Exam. Our Interactive Learning approach (Email / Telephonic Discussion: Experts with Aspirants) will continuously improve aspirant's performance and move their preparation in the right direction. **STARTING ON <u>9 JUNE</u> ADMISSION OPEN** Number of Mock Tests : 12 Fee : Rs 9000 Nature : Flexible - Date of dispatch: Reschedule on the demand of the aspirants [Schedule A and Schedule B (Personalized scheduling)] Mode of dispatch: Printed material via airmail+ / PDF material via email / download material from Vision IAS Mains test Series Platform (Login/ password) : www.visionias.in What you will get: **Online - Distance Learning / Classroom** Login id & Password for performance analysis of aspirants (Innovative Assessment System) Mock Test Papers & answer sheet (10 Tests) Plan A (Schedule A: June 9, 2013) Evaluated Answer Booklet by experts with proper feedback, comments & guidance. Plan B (Schedule B: Personalized Scheduling) Answer format (Synopsis) of Mock Test paper Analysis of Mock Test papers based on difficulty level & nature of questions. Note: 1. Aspirants can reschedule the test date based on their plan. Comprehensive analysis of previous year questions **2.**Classroom Tests (flexible) : Every day of the week, 10 AM & 2 PM Value Addition material & Case Studies 3. We have Class Room Test Series center in Dr. Mukherkee Nagar, New Delhi only. We have no branch in Rajendra Nagar, New Delhi.

INNOVATIVE ASSESSMENT SYSTEM:

Static & dynamic Potential of Mock test papers (Scoring Potential), Macro & Micro performance Analysis of aspirants, Section wise analysis, Comparison of your Marks vs Potential of each Question, Difficulty Analysis , All India Rank, comparison with toppers, Geographical Analysis, Integrated Score Card, Analysis of Mock Test papers based on difficulty level & nature of questions etc.

SCHEDULE, CONTENT & REFERENCE

TEST No.	Date	Topics covered	Primary References	Additional References
	Schedule A			
	Schedule B			
	Schedule C			
	June 9	Introduction: PAPER-I		
	, 2013		 Psychology by Baron 	 Developmental Psychology by
Test 1		Definition of Psychology; Historical antecedents of Psychology and trends in the 21st century;		Elizabeth B. Hurlock,
	Schedule B	Psychology and scientific methods; Psychology in relation to other social sciences and natural	 Introduction to Psychology by 	



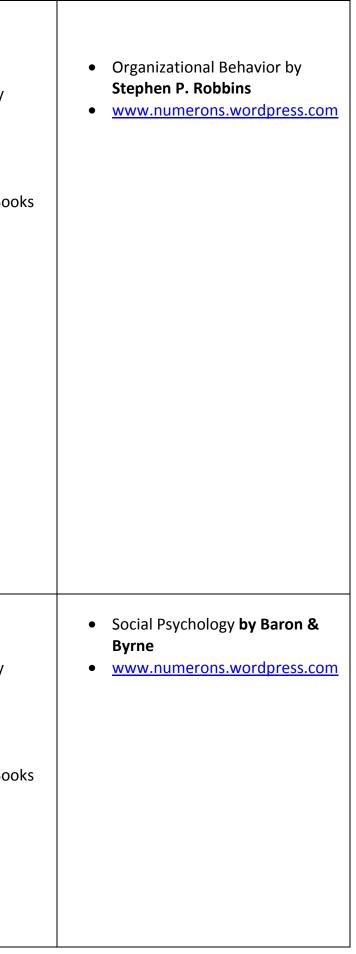
	(Personalized scheduling :	sciences; Application of Psychology to societal problems.	Morgan & King	
	reschedule the date of Mock tests based on aspirant's plan)	Development of Human Behavior: PAPER-I Growth and development; Principles of development, Role of genetic and environmental factors in determining human behavior; Influence of cultural factors in socialization; Life span development - Characteristics, development tasks, promoting psychological well-being across major stages of the life span	 Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Books 	 Inner World by Sudhir Kakar, <u>www.numerons.wordpress.com</u>
Test 2	June 30 , 2013	 Sensation, Attention and Perception: PAPER-I Sensation: concepts of threshold, absolute and difference thresholds, signal-detection and vigilance; Factors influencing attention including set and characteristics of stimulus; Definition and concept of perception, biological factors in perception; Perceptual organization-influence of past experiences, perceptual defense-factors influencing space and depth perception, size estimation and perceptual readiness; The plasticity of perception; Extrasensory perception; Culture and perception, Subliminal perception. Thinking and Problem Solving: PAPER-I Piaget's theory of cognitive development; Concept formation processes; Information processing, Reasoning and problem solving, Facilitating and hindering factors in problem solving, Methods of problem solving: Creative thinking and fostering creativity; Factors influencing decision making and judgment; Recent trends. Memory: PAPER-I Encoding and remembering; Short term memory, Long term memory, Sensory memory, Iconic memory, Echoic memory: The Multistore model, levels of processing; Organization and Mnemonic techniques to improve memory; Theories of forgetting: decay, interference and retrieval failure: Metamemory; Amnesia: Anterograde and retrograde. 	 Introduction to Psychology by Morgan & King Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Books 	• www.numerons.wordpress.com
Test 3	July 21 , 2013	Learning: PAPER-I Concept and theories of learning (Behaviorists, Gestaltalist and Information processing models); The Processes of extinction, discrimination and generalization; Programmed learning, probability learning, self-instructional learning, concepts; Types and the schedules of reinforcement, escape, avoidance and punishment, modeling and social learning. Intelligence and Aptitude: PAPER-I Concept of intelligence and aptitude, Nature and theories of intelligence - Spearman, Thurstone, Gullford Vernon, Sternberg and J.P; Das; Emotional Intelligence, Social intelligence, measurement of intelligence and aptitudes, concept of IQ, deviation IQ, constancy of IQ; Measurement of multiple intelligence; Fluid intelligence and crystallized intelligence.	 Introduction to Psychology by Morgan & King Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Books 	 Educational Psychology by Anita Woolfolk www.numerons.wordpress.com

	Language and Communication: PAPER-I	
	Human language - Properties, structure and linguistic hierarchy, Language acquisition-	
	predisposition, critical period hypothesis; Theories of language development - Skinner and	
	Chomsky; Process and types of communication - effective communication training.	
	Application of Psychology to Educational Field: PAPER-II Psychological principles underlying effective teaching-learning process; Learning styles; Gifted, retarded, learning disabled and their training; Training for improving memory and better academic achievement; Personality development and value education, Educational, vocational guidance and career counseling; Use of psychological tests in educational institutions; Effective strategies in guidance programmes.	
August 4, 2013 Test 4	 Personality: PAPER-1 Definition and concept of personality; Theories of personality (psychoanalytical, socio cultural, interpersonal, developmental, humanistic, behaviorist, trait and type approaches); Measurement of personality (projective tests, pencil-paper test); The Indian approach to personality; Training for personality development; Latest approaches like big 5 factor theory. The notion of self in different traditions. Psychological well being and Mental Disorders: PAPER-II Concept of health-ill health; Positive health, well being; Causal factors in mental disorders (Anxiety disorders, mood disorders, schizophrenia and delusional disorders, personality disorders, substance abuse disorders); Factors influencing positive health, well being, life style and quality of life; Happiness disposition. Therapeutic Approaches: PAPER-II Psychodynamic therapies; Behavior therapies; Clent centered therapy; Cognitive therapies; Indigenous therapies (Yoga, Meditation); Bio-feedback therapy; Prevention and rehabilitation of the mentally ill; Fostering mental health. Rehabilitation Psychology: PAPER-II Primary, secondary and tertiary prevention programmes-role of psychologists; Organizing of services for rehabilitation of persons suffering from substance abuse, juvenile delinquency, criminal behavior; Rehabilitation of victims of violence, Rehabilitation of HIV/AIDS victims, the role of social agencies. 	 Psychology by Baron Introduction to Psychology by Morgan & King Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Bo

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	 Theories of Personality by Hall, Lindzey and Campbell Inner World by Sudhir Kakar Abnormal Psychology by Carson, Butcher and Mineka www.numerons.wordpress.com
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Test 5	August 25 , 2013	 Motivation and Emotion: PAPER-I Psychological and physiological basis of motivation and emotion; Measurement of motivation and emotion; Effects of motivation and emotion on behavior; Extrinsic and intrinsic motivation; Factors influencing intrinsic motivation; Emotional competence and the related issues. Work Psychology and Organizational Behavior: PAPER-II Personnel selection and training; Use of psychological tests in the industry; Training and human resource development; Theories of work motivation – Herzberg, Maslow, Adam Equity theory, Porter and Lawler, Vroom; Leadership and participatory management; Advertising and marketing; Stress and its management; Ergonomics; consumer psychology; Managerial effectiveness; Transformational leadership; Sensitivity training; Power and politics in organizations. Application of Psychology in Information Technology and Mass Media: PAPER-II The present scenario of information technology and the mass media boom and the role of psychologists; Selection and training of psychology professionals to work in the field of II and mass media; Distance learning through IT and mass media; Entrepreneurship through ecommerce; Multilevel marketing; Impact of TV and fostering value through IT and mass media; Psychological consequences of recent development; Characteristics of entrepreneurial behavior; Motivating and training people for entrepreneurship and economic development; Consumer rights and consumer awareness, Government policies for promotion of entrepreneurship among youth including women entrepreneurs. 	
Test 6	Sept. 15 , 2013	 Attitudes, Values and Interests: PAPER-I Definition of attitudes, values and interests; Components of attitudes; Formation and maintenance of attitudes; Measurement of attitudes, values and interests; Theories of attitude change; Strategies for fostering values; Formation of stereotypes and prejudices; Changing others behavior; Theories of attribution; Recent trends. Community Psychology: PAPER-II Definition and concept of community psychology; Use of small groups in social action; Arousing community consciousness and action for handling social problems; Group decision making and leadership for social change; Effective strategies for social change. Application of Psychology to disadvantaged groups: PAPER-II The concepts of disadvantaged, deprivation; Social, physical, cultural and economic consequences of disadvantaged and deprived groups; Educating and motivating the disadvantaged towards development; Relative and prolonged deprivation. 	 Psychology by Baron Introduction to Psychology by Morgan & King Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Boo



Test 7	Sept. 29 2013	 Psychological problems of social integration: PAPER-II The concept of social integration; The problem of caste, class, religion and language conflicts and prejudice; Nature and manifestation of prejudice between the in-group and out-group; Causal factors of social conflicts and prejudices; Psychological strategies for handling the conflicts and prejudices; Measures to achieve social integration. Issues and Perspectives in Modern Contemporary Psychology: PAPER-I Computer application in the psychological laboratory and psychological testing; Artificial intelligence; Psychocybernetics; Study of consciousness-sleep-wake schedules; dreams, stimulus deprivation, meditation, hypotic/drug induced states; Extrasensory perception; Intersensory perception Simulation studies. Application of psychology in other fields: PAPER-II (a) Military Psychology Devising psychological tests for defense personnel for use in selection, Training, counseling; training psychological interventions in improving performance of athletes and sports persons participating in Individual and Team Games. (c) Media influences on pro and antisocial behavior. (d) Psychology of terrorism. Application of psychology to environment and related fields: PAPER-II Environmental psychology of rapid scientific and technological growth on degradation of environment. Psychology of Gender: PAPER-II Issues of discrimination, Management of diversity; Glass ceiling effect, Self fulfilling prophesy, Women and Indian society. 	 Psychology by Baron Introduction to Psychology by Morgan & King Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Books 	• www.numerons.wordpress.com
Test 8	Oct. 13 2013	Methods of Psychology: PAPER-I Types of research: Descriptive, evaluative, diagnostic and prognostic; Methods of Research: Survey, observation, case-study and experiments; Characteristics of experimental design and non-experimental design, Quasi-experimental designs; Focused group discussions, brain storming, grounded theory approach.	 Psychology by Baron Introduction to Psychology by Morgan & King Psychology, by Ciscarolli 	 Foundations of Behavioral Research by Fred N. Kerlinger Research Methodology by C. R. Kothari Psychological Testing by Anastasi Anne & Urbina
		Research Methods: PAPER-IMajor steps in Psychological research (problem statement, hypothesis formulation, research designs, sampling, tools of data collection, analysis and interpretation and report writing)Fundamental versus applied research; Methods of data collection (interview, observation, questionnaire); Research designs (ex-post facto and experimental); Application of statistical	 Psychology by Ciccarelli N.C.E.R.T. Psychology Texts Books 	www.numerons.wordpress.com

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		technique (t - test, two way ANOVA correlation, regression and factor analysis); Item response theory.	
		Psychological Measurement of Individual Differences: PAPER-II The nature of individual differences; Characteristics and construction of standardized psychological tests; Types of psychological tests; Use, misuse and limitation of psychological tests; Ethical issues in the use of psychological tests	
Test 9	Oct. 20 2013	Complete syllabus of <u>Psychology I</u>	Paper I (Full Length Test)
Test 10	Oct. 27 2013	Complete Syllabus of <u>Psychology</u>	Paper II (Full Length Test)

FOCUS	: Answer writing skill development, Structure & presentation of answer, How to present facts, information & knowledge in the
	key words, Context & Content) of the UPSC in the different marks types questions (30 Marks, 20 marks, 15 marks, 12 mark
	attempted for good score (strategy & approach), Understanding your current state preparedness & required action plans ar
	toughness and timing of the actual UPSC Examination.
PHILOSOPHY	:The pattern of UPSC Mains exam is very dynamic and unpredictable. Therefore Mock Test papers should be designed based of
	questions (F, CA, FCA, U) with different difficulty level (E, M, D, V) in the Mock test papers. So that the aspirants can simulate
	demand of the exam and develop effective writing skills.
Difficulty Level (DL)	: Easy (E), Medium (M), Difficult (D), Very Difficult (V)
Nature of Question (Nature)	: Fundamental /Conceptual /Conventional (F), Current Affairs (CA), Fundamental + Current Affairs (FCA) and Unconver

UPSC CRITERIA :Criteria for assessment of candidate performance in the written IAS exam as per UPSC instruction: "The main Examination is intended to assess the overall intellectual traits and depth of understanding of candidates rather than merely the range of their information and memory". -Union Public Service Commission (UPSC)

ne answer, Understanding actual requirement (rks, 10 marks) and which questions should be and Framing your mind towards actual pattern,

l on latest pattern of UPSC. Our team frame the te the UPSC exam in real sense, understand the

entional (U)

: Methodology for evaluation of Answer sheet: Our expert will evaluate aspirant's answer sheet on following indicators and their experience in the field UPSC.

EVALUATION INDICATORS	QUESTION No. Score (1-5)
1. Alignment Competence	
2. Context Competence	
3. Content Competence :	
4. Language Competence	
5. Introduction Competence	
6. Structure – Presentations	
Competence	
7. Conclusion Competence	
MARKS	

1 - Poor Score: Scale: 1-5 5 – Outstanding 4 – Excellent 3 – Good 2 – Average

- Total Marks in the question has been given on proper consideration of weightage of every evaluation indicators based on nature of the questions and UPSC experience of the expert.
- The score of every indicator for any question will highlight candidate's competence performance (for understanding of the level of quality of the question and required action plans).

BASIC UNDERSTANDING OF FOLLOWING DESIGNED COMPETENCES :

Alignment Competence:

- Writing the answer according to the actual requirement of the questions
- Focus on Key words & Tail words effectively (Elucidate Explain, Comment, Examine, Critically examine, Discuss, Analyze, Illustrate, Review, Argue, Justify etc.)

Context Competence:

- Contextual understanding of the Questions
- Present relevant information, choice of words and proper statement

Content Competence :

- Content of the answer in the contextual framework

Language Competence :

- Optional Subject Specific Language not used general words in the optional paper (but In General Studies language should be simple and clear)
- Appropriate words at proper place, Word limits

Structure – Presentation Competence:

- Proper systematization in the structure of the answer, Proper consideration of priority and focus of given ideas.
- Logical structure of sentence and their connectivity
- proper visibility of idea through facts, data, diagram, figure, illustration according to the requirement of the question

- Introduction Conclusion Competence:
 - Impressive beginning and Ending of the answer, Give your opinion only when asked for it.
 - Incorporate your opinion from different perspective in a balance manner

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TIMING: Every Saturday & Sunday , 10 AM